

# Rehabilitation Professionals: Physical Therapists, ATCs, Occupational Therapists, & other Specialists

Patient first. You have great responsibility treating patients on the front line post-injury or post operatively. Your experience gives you the knowledge to determine if you have an outlier, or not. Is your patient making expected gains? Could they gain more?

## Share this page



## TREATING PATIENTS WHO FAIL TO GET MOTION

You can suggest that the treating physician order ERMI devices for home use by your patients.

You are a responsible and good therapist; you want your patients to get better and be able to do what they need and want to do in life. Since you see your patients frequently and work hands-on, you can quickly detect failure to progress and the stiffening of joints. You know when you are dealing with a problem that is too big for manual therapy. Sometimes, you need more.

The challenge is to recognize arthrofibrosis early, while there is still time to have a positive impact. If you have put in a full effort and are still not seeing good progress by week 8, it is definitely time for something different.

For more difficult patients, it is important to make sure the progress made in clinic doesn't go backward between visits, and any home mechanical therapy device has to be effective. A low intensity stretch device delivers less power than what you need to be therapeutic. High intensity stretching will offer the greatest benefit to your patients. ERMI is the sole manufacturer and provider of high intensity devices that mimic the therapeutic overpressure you apply. ERMI designed their products with your patient's ease of use in mind, so compliance is extremely high.

An ERMI device is only available by physician order in most states; however, not all physicians are aware these devices exist. You can help by suggesting an ERMI device as a potential solution—a solution that offers the same high intensity of stretch that you would apply

when treating a patient.

- ▼ HOME
  - ABOUT ERMI
  - Contact
  - Privacy
  - Terms
- ▼ PRODUCTS & SERVICES
  - Knees & Ankles
  - Shoulders
  - Toes
  - Elbows
- ▼ HEALTH PROFESSIONALS
  - Stiffness & Range of Motion
  - Treating Clinicians
  - Physicians
  - PT/OT/Rehab
  - Testimonials
  - Insurance
- ▼ PATIENTS
  - Testimonials
- ▼ IMPROVING MOTION
  - Blog
  - Video Library
  - Podcasts
  - Clinical Research
  - Resources for Learning
  - Glossary of Terms

---

**Source URL:** <http://getmotion.com/professionals/rehabilitation-professionals>